

Calendar

Dec 4, 2015

Uptown Christmas

Party—Grassland Estate Clubhouse, 5800 Crowley Blvd; 6:30 — 9 pm

Jan 13, 2016

Program—Speakers - Trish Chavez—Certified Health Coach and **Emily Weinberg** —Certified Life Coach with focus on Mindful Eating - 11:45 am—1:00 pm Petroleum Club

Jan 27, 2016 Business Meeting—11:45 am—1 pm Reliance Energy, Suite 900 Bring your own lunch

Feb 10, 2016 Speaker Kim Johnson—Financial Planner with Edward Jones—11:45 am—1 pm Petroleum Club

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DECEMBER 2015

CHRISTMAS PARTY

**December 4
6:30 to 9:00 pm**

5800 Crowley Blvd / Midland TX

Please join us for our annual Christmas Party at Grassland Clubhouse.

Friday evening, December 4, 2015

Dinner provided by Texas Roadhouse
Members & 1 Guest eat free
(Please bring \$15 for each additional guest)

Also bring a wrapped present (and one for each guest who wishes to participate) and come ready for a fun gift exchange!

We will collect items for donation to Safe Place. All members are invited to participate when we take them to distribute to guests at Safe Place.

 Please RSVP by December 1st to Stacy Nelson (432) 967-0080.

Uptown Midland Business & Professional Women



SAFE
PLACE
DONATIONS

Community Projects Committee

Please mark your calendars for December 4th. BPW is collecting donations for SAFE PLACE. Please bring them to our Christmas Party (see cover page).

WOMEN

- Gently used or new t-shirts
- Underwear & Socks (new)
- Pajamas
- Makeup & Makeup Bags (eyeliner & mascara are great)
- Deodorants
- Hand / Body Lotion
- Body Wash
- Pillows
- Sheet Sets (Twin or Full)
- Over the counter medicine
- Reading Glasses
- Non-slip black shoes
- Black Pants
- Black belts

TEENS

- Perfume
- Body Spray
- Body Wash Sets
- Basketballs / Soccer balls
- Books
- DVDs (No Rated-R)
- Journals
- Fashion Jewelry
- Earbuds / Headphones
- (NO GIFT CARDS)



You Are Blessed

If you woke up this morning with more health than illness...you are more blessed than the million who will not survive this week.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation...you are ahead of 400 million people in the world.

If you can attend a church meeting without fear of harassment, arrest, torture, or death...you are more blessed than three billion people in the world.

If you have food in the refrigerator, clothes on your back, a roof overhead and a place to

sleep...you are richer than 75% of this world .

If you have money in the bank, in your wallet, and spare change in a dish someplace...you are among the top 8% of the world's wealthy.

If your parents are still alive and still married...you are very rare, even in the United States.

If you hold up your head with a smile on your face and are truly thankful...you are blessed because the majority can, but most do not.

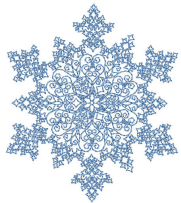
If you can hold someone's hand, hug them or even touch them on the shoulder...you are blessed

because you can offer healing touch.

If you can read this message, you just received a double blessing in that someone was thinking of you, and furthermore, you are more blessed than over two billion people in the world who cannot read at all.

Have a good day, count your blessings, and pass this along to remind everyone else how blessed we all are.

(Article published in Uptown's news letter Dec. 2000)



Happy Birthday

Dec 2 Beki Cook



Women in History

Dec 2 Bess Furman 1894-1969
First woman reporter regularly assigned to Congress.

Our Mission

The mission of this organization is to equip all women for success in the workplace through education and information, and to recognize and honor the accomplishments of working women.



Uptown Midland BPW

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NOVEMBER 11, 2015
Program Meeting

President Stephanie Murphree,
Speaker Alicia Miller—
Clinician with Veterans Out-
reach Center—Specializing in
the Treatment of PTSD and
Program Chair Stacy Nelson



The sun is setting on Thanksgiving Day. We have stuffed our faces with all the right things— fried turkey, dressing, gravy, deviled eggs, mashed potatoes, rolls. Yum....Yum.....

Sunday, Rachel and I are heading to Killeen on our annual trip to visit Alice and grandson Matthew. While there we'll do some shopping in Killeen (PX and The Six on base) and head to Round Rock the next day and then check out the malls at San Marcos on Tuesday. We'll make a stop at the Krispy Kreme Donut Shop when we leave San Marcos (love those fresh hot sweet things!!). Then Wednesday we will probably head to Fredericksburg and boost their economy and head back to Midland on Thursday. Got to get back so we can get rounded around for Uptown's Christmas Party!! See you then!

Merry.....Merry.....Merry.....Christmas Ladies!!

**GONE
CRAZEE.....**

Shirley Harris