

Uptown News Beat

Teen Challenge of the Permian Basin

Teen Challenge is a residential, non-profit, Faith-based organization that assists people with life-controlling problems such as alcohol or drug abuse. The Midland, Texas based facility is for men and women 18 years of age and above. The students live at our main campus, located approximately 5 miles south of the city, for a minimum of 9 months, where they will participate in three levels of instruction — Foundations, Basics and Advanced.

The Foundation phase helps individuals adjust to our faith-based program, and to acknowledge voluntarily, a personal relationship with Jesus Christ. The Basic phase gives individuals specific instruction on life skills, problem-solving, coping skills, and interacting with others. The advanced phase concentrates on three important areas: Family, Leadership and Goal setting. Upon successful completion of the first three levels, the student will then move into the final phase of the program, which is the Re-entry home located on campus. They will spend 4 to 6 months there, where they will be required to attend a home church and get involved. At this level, other requirements would include: maintaining employment, establishing a budget, participating in outreaches, and showing evidence of continued and spiritual growth. All of this is aimed at reaching the goal of helping the person get back into society as a productive member of the community. The average length of our program is 13 to 15 months, however, some have taken more than 18 months to complete, depending on the individual's needs. They accept donations to help with the daily expenses.

On July 1, 2005, a Women's Center was opened at the original Teen Challenge location and the Re-Entry program was moved to the South Campus. Due to the increasing demands for women's treatment, the Women's Center was expanded from 10 beds to 16 in the main house, with a capacity of 6 in the Women's Re-Entry house, located at the South Campus. Still not able to meet the rising number of requests for help we broke ground on a new Women's Center at the South Campus, which has a capacity of 25-30 Women. We moved into the new facility April 19, 2010.

(from their website - submitted by Shirley Harris)

Calendar

- > Dec 6 Uptown's Annual Christmas Party - Grassland Club House 6 pm. Johnny's BBQ,,
- > Jan 9 Program Meeting - Noon Petroleum Club



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TEEN CHALLENGE Items Needed.....Patti Humphrey, Community Projects Committee Member

Members of the Uptown Midland BPW community projects committee visited with the staff at the Women’s Center of Teen Challenge.

There are approximately 20 women residing there. These women are of all ages, not just teenagers. They are fighting many kinds of addiction.

We have the opportunity to make a difference in the lives of these women. There are many ways that we can make this happen. The first thing we are proposing is to update some of the things in the dormitory rooms. There are four ladies residing in each of the dorms. They can use new bed linens. All the beds are regular twin beds. There are other things the center can use. I have listed them below.

Twin bed sheet sets, mattress pads, single pillowcases, zipper plastic mattress covers and pillow covers.

Bathroom - Bath towels, hand towels, wash clothes – 4 girls per room (7 dorms) Bath rugs (small in front of shower) or 1 large one - 7 small bathrooms

Paper towels, toilet paper, napkins

Plastic storage bowls with lids for left over food

The community projects committee is asking members to bring something for the Women’s Center to the Uptown Christmas party. We will take all the goodies to the center. We will let you all know when, and maybe several from our group will want to be there for the presentation.

Some of the ladies will be leaving the center on a pass for some of the Christmas holidays. The community project committee is proposing to take Christmas Stockings to those that will be there on Christmas Eve or Christmas morning. We can do this ahead of time. We will have more information about what we can put in the stockings soon.

After the holidays, there will still be many ways we can be a part of this great organization that is working to rebuild the lives of these ladies. The committee will be sending out more information after the first of the year. I hope each one of you will consider helping with this project.

Patti Humphrey
Community Projects Committee Member

**Christmas Party Information: Member and Guest
Please bring three items to our Christmas Party**

- 1) An unwrapped gift for our Silent Auction to benefit MD Anderson
- 2) A wrapped Christmas gift to exchange (we will draw numbers)
- 3) An item to donate to Teen Challenge - Women’s facility - see above

FROM THE MEMBERSHIP COMMITTEE

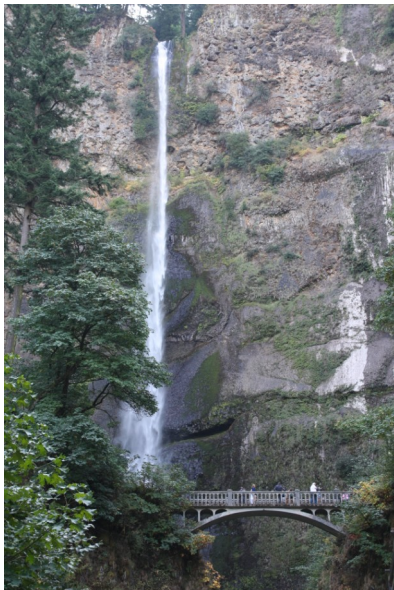
WISHING EACH OF YOU THE JOYOUS HOLIDAY SEASON. MERRY CHRISTMAS AND HAPPY NEW YEAR.

There are no renewals for December.

***Thanks,
Glenda Knox,
Membership Committee Chair
2012-2013***

Gone Crazee.....Shirley Harris

Before returning to Texas from our California Redwood trip in September we continued north up the coast into Oregon. We went to the Oregon side of the Columbia River Gorge which is located east of Portland so we could see the water falls. Incredible!! We hiked many miles to look at several of them. I wanted to see the Multnomah Falls—2nd tallest continuous flowing falls in the United States at 620'. Yep! 11 Switchbacks, multiple rest stops to catch our breath and give our legs a break we finally got to the top of the waterfall! The joke is on the climber! You climb 1.25 miles up and then 1/4 of a mile down to get to the top of the falls. So it really is uphill both ways!! But it was well worth the climb. We also took in the sights of Bridal Veil Falls - a wide waterfall (It was downhill all the way and then uphill back to the parking lot), Horsetail Falls, Wahkeenah Falls and Latourell



Left—Multnomah Falls
Two signs on the trail to the top of the falls.



Vista House built in 1916 overlooking the Columbia River Gorge. Beautiful building and beautiful scenery

PLEASE REMEMBER TO RENEW YOUR MEMBERSHIP!



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Gone Crazee.....Shirley Harris



Randolph Collier Tunnel—shortly after crossing into Oregon Falls.

A nice couple we met at the rest area before you enter the Randolph Collier Tunnel. He had restored the pickup and had it painted to match their vintage travel trailer.



Falls.

On 9/18 we got up and left Oregon heading back to Texas. We stopped to fuel the motorhome and retrieve the gas cap for the jeep (we had fueled it the night before and discovered when hooking up to leave that we did not have the gas cap). Oregon does not allow you to pump your own fuel. Must be a jobs deal or something. Very strange.



Looking down at the top of Multnomah Falls

Driving thru the mountains as we were starting our trip home about mile marker 149 on I84 we topped a hill and drove right onto flat country. As far as we could see in front of us and to our right it was flat. Across the river on the north it still had hills. There were patches of green on an otherwise brown hillside but we couldn't tell if they were orchards or vineyards.

We made it home on Thurs. Sep 20th. Hard drive but we decided we were ready to sleep in our bed at the house. Great trip and wonderful sights.



Sinclair Gas - WY



Fog rolling off the ocean and into the mountains



Broncho Stadium



Women Helping Women



Merry Christmas and Happy New Year !