## FEBRUARY 2011

It seems like it was just yesterday that I was writing a January letter and here it is February already. February, the month of Love. Not only is it Valentines, but also National Heart Awareness month, so remember to wear Red, watch your fats and somehow find a little time to exercise and relax. It is also the month, my CPA wishes I would bring my taxes instead of waiting until April 1<sup>st</sup> or after. Oh well????

Our first meeting in February will be on the 9<sup>th</sup>. It will be a program meeting, Our speaker will be Sonja McKeska and she is with the Athletic Department. She also works with the Nursing Program. We will have a business meeting on the  $23^{rd}$  and we will also have a Board meeting on February  $2^{nd}$ , at noon at Arcadis. Bring a lunch if you want to eat.

Martha Adams and Pam Sanchez are busy getting the Style Show going. Please say yes to them when they ask for you help. Also, if you know of someone who would be a good model, please give them that name and also if you wish them to invite someone, please get that information to them asap. The date is April 13, at noon at the Hilton, so mark your calendars. They will be having a committee meeting on Feb 3<sup>rd</sup>.

Last night I listened to the State of the Union Speech. I am proud to say that Uptown is well on it's way to meeting all our goals for this year. We have had great programs, are making great headway with our revised bylaws, had a great NBWW event and have given back to our community with our money and works. I thank you all for your help and support this past 6 months.

Please to remember our members, our city, our state, our country and especially those young men and women who are protecting us so we can have all these great freedoms.

We are truly a blessed nation.

I am really looking forward to seeing each of you in this New Year.

Please let me know if I can be of assistance to any one.

Hope to see you soon.

Glenda Knox, President 2010—2011